

Nanaimo to Newfoundland 2006 Tour



RIDE INTO LIGHT
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CANADIAN MENTAL
HEALTH ASSOCIATION
ASSOCIATION CANADIENNE
POUR LA SANTÉ MENTALE

One in four Canadians will experience mental illness during their lifetime. All of us are affected, yet still, the most difficult obstacle to overcome for persons living with mental illness is often not their illness itself, but our attitudes which are characterized by fear and prejudice.

Help Jan Nilsson, Charlie Fox and Gerry Owen as they ride across Canada to fight the stigma we attach to mental illness. Join them as they invite us all to recognize the abilities of persons dealing with mental illness and to include them as full participants in our society.

With your help we can open minds and open windows of opportunity for persons living with mental illness all across Canada.



DONATION FORM



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Please print clearly all the following information This will be used to provide tax receipts. (Receipts will be issued for all donations of \$20 or more)

NAME _____

ADDRESS _____

CITY _____ PROVINCE _____ POSTAL CODE _____

PHONE (____) _____ E-MAIL _____

DONATION \$ _____ (Donations will go to local mental health charities in the donator's Province)

Please make cheques payable to: Ride into Light. Send form and cheque to:

RIDE INTO LIGHT

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